



Virginia Cares



About Us

Virginia Cares, Inc. is a wellness-centered mental health organization delivering evidence-based psychiatric care, therapeutic support, and trauma-informed services. Led by a doctorally prepared PMHNP with experience in DoD, VA, and community behavioral health systems, the company provides psychiatric evaluations, counseling, medication management, crisis stabilization, and resilience training. Virginia Cares, Inc. also delivers home health, residential care, therapeutic interior design, and specialized janitorial solutions supporting safety, healing, and long-term stability.

Corporate Data

UEI: H2HFXZW1NBN1 | CAGE: 9QX63
Website: <https://www.virginiacares.net>
POC: Margaret Kamara - Owner | Phone: (301) -200-8010
Email: margaretkamara@virginiacares.org
Address: 6490 Landover RD, Suite D Rm-5-6 Cheverly, MD 20785 | SBA Certifications: SDVOSB
NAICS Codes: 621330 (P), 541611, 561720, 541410, 621112, 621420, 611430, 541612, 624190
PSC Codes: Q526, Q999, U009, R499, H189, S201, G099, R410

Differentiators

- Service-Disabled Veteran-Owned Small Business with deep expertise serving DoD and VA populations.
- Doctorally prepared psychiatric nurse practitioner leadership with advanced clinical and federal healthcare experience.
- Ability to deliver integrated behavioral health, home health, and supportive services under one provider.
- Multi-state workforce capability with evidence-based clinical practices including CBT, DBT, and trauma-informed care.

Core Services

Mental & Behavioral Health Services

- Psychiatric evaluations
- Medication management
- Psychotherapy & counseling
- Mindfulness & resilience training
- CBT, DBT, and trauma-informed interventions
- Positive psychology & coping skills coaching

Home Health & Residential Services

- Skilled in-home nursing support (RN)
- Non-skilled home care (CNA services)
- Certified medication administration
- Home companionship and residential support

Additional Capabilities

- Behavioral health support for DoD, VA, and federal medical programs
- Multi-state deployment (DC, MD, DE, AK)
- Contracting support for federal healthcare initiatives

Past Performance



Walter Reed National Military Medical Center
Provided clinical and mental health support services.



Department of Defense (Various Agencies)
Behavioral health and medical service delivery.



U.S. Department of Veterans Affairs
Psychiatric and mental health services as a federal employee.

